



Kenpo 5.0 Camp

This year as an organisation we are trying something different and thought a Kenpo Camp would be the best way to spend a weekend away in April. Typically April still has some good weather and the venue we have chosen allows us to take advantage of the outdoors as well as inside facilities.

We have chosen Karapiro domain on the banks of Lake Karapiro - an iconic Waipa District site and one of New Zealand's premier event venues. Every year it showcases a variety of sporting and cultural events, and has been the stage for a number of memorable international sporting occasions.

Located 6km south of Cambridge in the heart of the Waikato region, the 19 hectare site offers a diverse range of superb facilities to suit your next event

Not only is the setting very picturesque, the venue is also very well set up for group activities – with excellent accommodation and a huge brand new events hall available to us. We are able to eat, sleep, train and have some fun all in the one place. It's also centrally located for all the travelling clubs.

What's on Offer

A weekend full of martial arts from the slow movement of Tai Chi to the high impact of Kenpo Fitness. There will be various seminars covering different aspects and styles of martial arts including a few classes for parents to get involved.

Details of the event are still being finalised. However the weekend will start with the adults National Grading on the Friday night 7pm – 15th April. So if you want to watch, make sure your in town. The main day starts early on Saturday morning with first seminar 9am so if you're planning to arrive on Saturday, arrive before 9am. Saturday will start early with Tai Chi and be followed by a day of seminars. After lunch will be the Kids and Teens National grading.

Mr Speakman is here and will be teaching during the camp and everyone will get a chance to seminar with him. Seminar groups will be divided up appropriately by those attending, kids and adults etc.

The area of Lake Karapiro is rich with the opportunity for outdoor activities like kayaking on the lake, beach volley ball, archery, a high ropes course, jet boats and many more.

Accommodation

There is room for 81 beds without the necessity to bring tents, though camp sites are available. Students/chaperones will have the first option on these. The accommodation will be split into sections - male/female/families. If there is any room left then those families who are coming down with other children will have the next option. It will be on a first in first paid basis.

The venue offers onsite chalets and dorm like accommodation plus there is camping available for the more hardy types. The Rob Waddell lodge sleeps 41 in 13 rooms and the chalets sleep another 40 between them. More information can be found here <http://www.lakekarapiro.co.nz/index.php?act=accommodation>

We can utilise the cutlery and plates on hand but you will have to bring all your bedding – pillows, sleeping bag, towels, some tea towels, toiletries, togs and of course all your kenpo gear.

What's provided in Rob Waddell Lodge

- A large dining room that seats 50 people.
- A large kitchen, large oven, a microwave, bain-marie, double-door fridge, toaster, jug, large chest freezer and large pantry. The kitchen comes with cutlery, crockery and utensils.
- A large outdoor deck and flat grass area which you can use at your leisure..
- A laundry facility. Laundry costs \$2 per load

Camp Costs

The weekend away includes;

- Meals – breakfast on sat/sun, lunch and dinner on Sat
- 4 Seminars plus 2 optional classes

Student **\$150** (payments direct to your club chief instructors ASAP)

Parent/Chaperone **\$ 50**

Parents, while it's not essential you attend, the option of attending the weekend with your children are there and your help is always appreciated as there are things to coordinate and meals to be made, photos to be taken 😊. Individual clubs will organise their own groups and appoint chaperones where necessary.

For more information please see your local instructors and keep an eye on the website as info will be posted there.

Regards

Simon Low

KenpoNZ National Director

Agenda

Friday

4pm
Arrival onwards

7pm
Adults Grading

9:30pm
Late snack

Saturday

7am – 8am
Tai Chi or Kenpo Fitness - open
to parents and chaperones

8am
Breakfast

9am – 10:30am
Seminar One

10:30am – 12pm
Seminar Two

12pm – 1pm
Lunch

1:30pm -3pm
Kids / Teens Grading

3pm – 4:30pm
Seminar Three (adults)

6pm – 7pm
BBQ Dinner, games etc

Sunday

7am – 8am
Tai Chi or Kenpo Fitness - open
to parents and chaperones

8am
Breakfast

9am – 10:30am
Last Seminar

11am
Meeting and pack out

12pm
Heading home

